



William's Story

"I was released from prison in 2010. From there it was probation, recall, probation, recall and it stayed that way until 2021.

That's when I met support workers from Housing First, full of energy and willing to help. I was shocked because no one came to see me face to face, it was always on the phone or video links.

I don't know what would have happened if I hadn't met them. It's not like any type of support I've been offered before. My support worker has helped me with so many things, I can't begin to thank them enough. Choices are up to me, and I want to make better ones.

Where I used to behave a certain way, I'm learning to react differently to situations which is much more positive and good for me.

I've gone from constant prison recalls to now being out for the last 18 months, I now have a home, I have access to my children and most of all I feel relaxed and happy with life for the first time in 13 years.

I'm now planning for the future like deciding on nice things to furnish my flat, stuff like that never used to matter to me.

All of this would never have happened, only for Housing First Getting in touch with me. Through my Support Worker (who I consider a friend) I receive one to one access to help and support throughout. It feels like someone's bothered about me. I see them regularly, they're always there making sure things are good in my life."